

SARA HORTON-DEUTSCH, PHD, RN, FAAN, ANEF
WATSON CARING SCIENCE ENDOWED CHAIR

NEWS OF CARING DEVELOPMENT IN THE WORLD: NEW ACTIVITIES IN CARING SCIENCE, WCSI, AND UNIVERSITY OF COLORADO



College of Nursing
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

WHY DOES THIS MATTER?

Resilient Nurses

How health care providers
handle their stressful profession



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THE CHALLENGE



NEW WAYS OF LEARNING

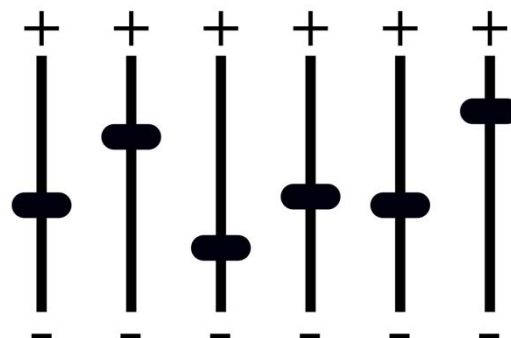


“If the pedagogy and instructional design of online courses fail to shorten the transactional distance between teacher and learner, there is significant risk of minimal student engagement—a disservice to both students and faculty.”

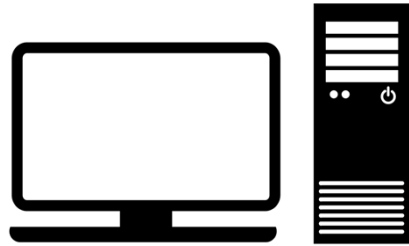
—HORTON-DEUTSCH AND DRYSDALE,
2015

QUALITY NORMS

- Consistent Navigation
- Visible Competency Alignment
- Clear Accessibility to Instruction
- Clearly-Stated Expectations for the Use of Media and Technology
- Welcoming and Intuitive Homepage



HUMANIZING ONLINE EDUCATION THROUGH CARING SCIENCE



WHAT IS CARING SCIENCE?

- Philosophy
- Ethic
- Practice



CARITAS PROCESSES

1. Embrace altruistic values and practice loving kindness with self and others.
2. Instill faith and hope and honor others.
3. Be sensitive to self and others by nurturing individual beliefs and practices.
4. Develop helping –trusting-caring relationships.
5. Promote and accept positive and negative feelings as you authentically listen to another's story.



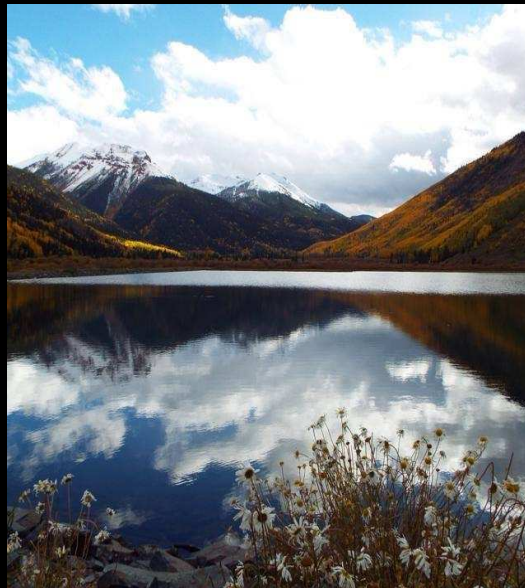
CARITAS PROCESSES

6. Use creative scientific problem-solving methods for caring decision making.
7. Share teaching and learning that addresses the individual needs and comprehension styles.
8. Create a healing environment for the physical and spiritual self which respects human dignity.
9. Assist with basic physical, emotional and spiritual human needs.
10. Open to mystery and allow miracles to enter.

NODDING'S FOUR INGREDIENTS FOR A CARING CURRICULUM

- Modeling
- Practice
- Authentic Dialogue
- Confirmation/Affirmation

REFLECTIVE PRACTICE



AUTHENTIC PRESENCE:

A practice of genuineness, self-knowledge, and ability to self-reflect; of caring communication; of being in the moment; and of being honest with oneself and others.

—LOMBARD AND HORTON-DEUTSCH, 2012

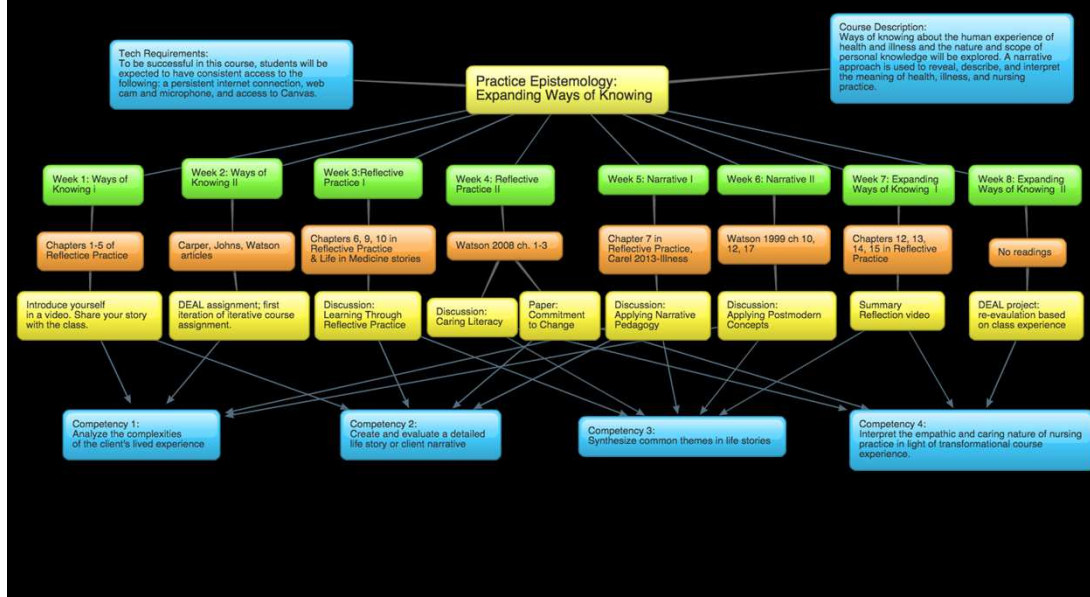
REMAINING “OPEN TO WHAT IS EMERGING”
CREATES VULNERABILITY AND HUMANITY.
THIS PERSISTENT, PRACTICED, INTENTIONAL
OPENNESS—WHICH IS THE QUINTESSENCE OF
AUTHENTIC PRESENCE—AND WHICH IS THE
QUINTESSENCE OF HUMANITY—IS ALSO THE
QUINTESSENCE OF QUALITY NURSING.
FACILITATING THE DEVELOPMENT OF
AUTHENTIC PRESENCE IN NURSING
REQUIRES CREATING SAFE SPACES FOR
STUDENTS TO EXPLORE WHERE THEY HAVE
BEEN, WHERE THEY ARE, AND WHERE THEY
WANT TO GO IN THEIR NURSING PRACTICE.

(HORTON-DEUTSCH & DRYSDALE, 2015)

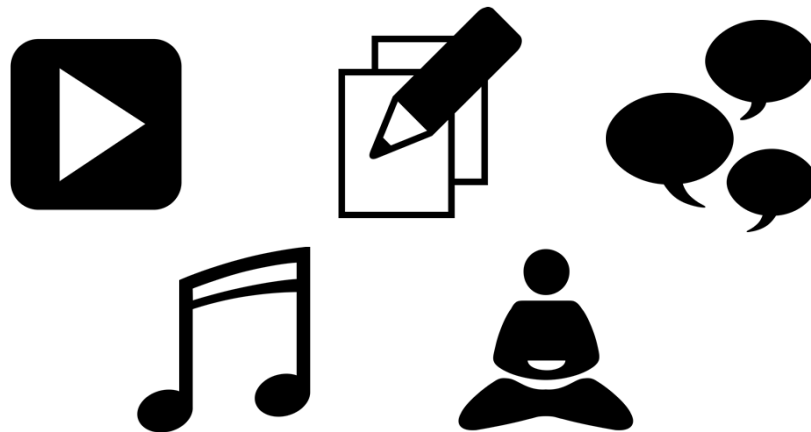
LEARNER ENGAGEMENT:

Learners are engaged when they are invested in their work, overcome challenges and obstacles, and take pride in their accomplishments.

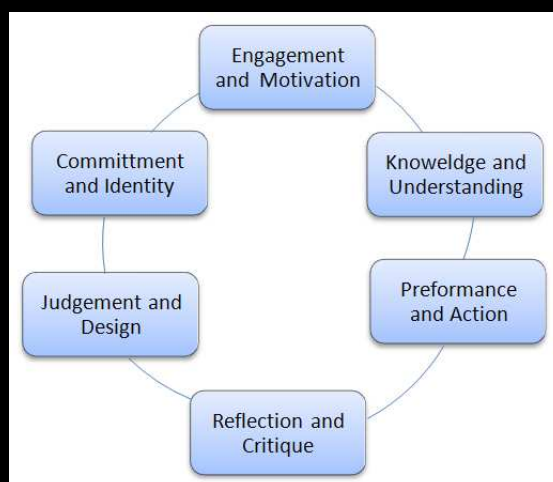
COURSE MAPPING



LEARNING ACTIVITIES THAT SUPPORT MEANINGFUL LEARNING



SCHULMAN'S TABLE OF LEARNING



AN INTENTIONAL PROCESS OF GROWTH



Created by Zach Harris
from the Noun Project

LEARNING ACTIVITIES

- Online dialogue and discussion
- Five minute video segments
- Reflective papers
- Commitment to change assignments



EVALUATION

Acquire insights, see patterns, find meanings and significance, see balance and wholeness, make compassionate and wise judgments...and creatively find pathways to new knowledge.

—BEVIS, 2000

“Authentic presence is more than just being sincere and preventing cell phone interruptions during your patient encounters. It’s a constellation of things that come together to provide an experience for our patients. It’s a constantly growing and developing skill set that will become more refined with time.”

“It’s the environment in which your encounter takes place, and it’s a mindfulness of not only your own emotions and feelings, but that of the patients. From the things you say down to the way you breathe, these all play a part in your authentic presence you provide. It is taking yourself off autopilot and recognizing the uniqueness of every moment you encounter.”

What concepts, activities,
and approaches are most
useful?

How can this information
be used in your practice?



Why is this information
important?

Why care about these
concepts?



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